

WAYS TO USE A GRADUATE SCHOOL COUNSELING INTERN IN A DISTANCE LEARNING ENVIRONMENT



CONNECTING WITH STUDENTS AND FAMILIES:

- Develop email/newsletter/website content for students/families
- Meet with students virtually, through email, or on phone
- Lunch handouts/newsletter for parents
- Develop resources & distribute information through social media
- Connect with at-risk students and families about any needs
- Virtual office hours
- Do check-ins with families (assessing for needs such as food, technology support, emotional support, etc.)
- Join virtual meetings with teachers and students to support engagement
- Text to families with conversation starters for parents to use with children



CREATING RESOURCES YOU CAN USE:

- Reach out to community partners and create a database of these contacts
- Create school counseling website
- Set up Google Forms and sifting through responses to identify students/families in need
- Create virtual resources such as; recording the reading of a book or doing a lesson for students
- Brainstorm creative ways to maintain rituals/norms for the school community
- Distance learning curriculum development



WORKING WITH STUDENTS:

- Online student groups (on grief/loss, wellness, staying connected despite physical distancing)
- Advising sessions for college counseling/post-graduation planning
- Virtual lunch bunches (addressing: social skills, grief, anxiety)

THERE ARE PLENTY OF WAYS INTERNS CAN HELP!

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Find more resources at cscoreumass.org